

# Hikingbench™ unpacking and assembly instructions

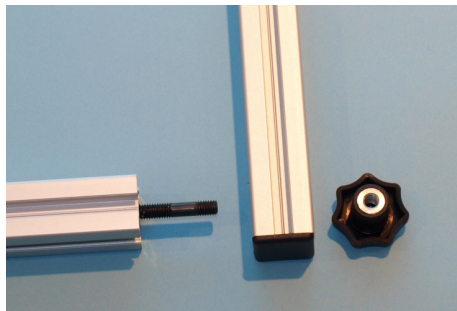
- 1) Place the box on a suitable surface (lounge carpet) and unpack



- 2) Place the main frame on the floor and assemble the Hikingbench



- 3) **Important** please mount the 60 x 30 top-rail with the overhang pointing away from the toe-strap as shown in the photograph. The new rail provides significant stiffening to the whole seat assembly.



- 4) Firmly tighten all the thumb nuts by hand and your Hikingbench is ready for use

